

# NEWS & VIEWS



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## Lam Circle Feature Resident: Genevieve Von Petzinger

by Joy Knudsen



Photo by D. Von Petzinger

If you've had the privilege of meeting Genevieve Von Petzinger in Family Housing or elsewhere on campus, you'll have come away from the conversation feeling energized and inspired. Genevieve exudes excitement and passion when talking about her research and fieldwork. A paleoanthropologist who is in the process of completing her PhD at UVic, Genevieve has spent the last several years researching the geometric signs present in 52 rock art sites dating back to the European Ice Age in France, Spain, Portugal, and Sicily. Her findings have garnered global attention.

Her research has been featured both nationally and internationally in print and on television. In 2011, Genevieve was the only Canadian to be selected for a distinguished list of 20 new international TED Fellows at the TED Global Conference. In 2013, Genevieve became a TED Senior Fellow. As well as this, her 2015 TED talk has more than 2 million views to date ([https://www.ted.com/talks/genevieve\\_von\\_petzinger\\_why\\_are\\_these\\_32\\_symbols\\_found\\_in\\_ancient\\_caves\\_all\\_over\\_europe?language=en](https://www.ted.com/talks/genevieve_von_petzinger_why_are_these_32_symbols_found_in_ancient_caves_all_over_europe?language=en)). Her work has appeared in magazines such as *New Scientists*, *Science Illustrated*, and most recently in *Wired Magazine* (<http://www.wired.co.uk/article/cave-art-emoji>). Earlier this year, Genevieve was announced as one of the *National Geographic* Emerging Explorers of 2016, a role that will open up many more exciting opportunities, including a project next year that will use underwater robots to study caves in Northern Spain, once thought to be well above sea level.

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## Family Centre Weekly Programs

<b>Monday – Family Learn and Share</b>	10:00am-12noon
<b>Monday – Mom's Time Out</b>	7:00-9:00pm
<b>Wednesday – Early Learning Program</b>	1:30-3:00pm
<b>Thursday – After School Program</b>	3:30-5:00pm
<b>Friday – Early Learning Program</b>	10:00am-12noon

In addition to weekly programs, the Family Centre is open Mondays 9-2pm and 5-9pm; Wednesdays 9:30-3:00pm; Thursdays 1:00 - 5:00pm and Fridays 9:30 - 1:30pm. We also have monthly book clubs and special events. For more information please check out our Facebook page or contact us at [familyc@uvic.ca](mailto:familyc@uvic.ca).



## Money Matters

*Most of us are living on a tighter budget as students. Every month this column will offer a tidbit of advice to lighten the load.*

*This month...*

### BC Childcare Subsidy

A childcare subsidy or allowance is available to help parents and guardians with the cost of childcare.

### Eligibility

As a parent or guardian, you must be a BC resident as well as a Canadian citizen or Permanent Resident of Canada.

Parents or guardians must also meet one or more of the following criteria:

- You are employed or self-employed
- You are attending an educational institution or enrolled in distance education
- You are seeking employment or participating in an employment-related program (only one parent can be looking for work)
- You have a medical condition that interferes with your ability to care for your child
- You have a child attending a licensed preschool
- You have been referred by a social worker from the Ministry of Children and Family Development or a delegated Aboriginal agency

Families that earn \$40,000 or less should apply – families that earn up to \$55,000 may also be eligible. Families may be eligible for full or partial subsidy, depending on their circumstances and income.

<http://www2.gov.bc.ca/gov/content/family-social-supports/caring-for-young-children/child-care/financial-assistance-for-child-care>



Hello Everyone! My name is Dechen Lama and I am originally from Nepal. I am studying Child and Youth Care at UVic and currently doing my 410 practicum at the Family Centre. I am very delighted to be part of this wonderful Family Centre and able to meet

so many diverse student families living in Family Housing. I am helping at the Early Learning program on Friday mornings with Sandy, the after school group on Thursday afternoon with Carmen and Emma, and also the Moms Time Out on Monday evenings. I am hoping to help with the Conversation Club from November. Some of my hobbies are: learning new languages, cooking, hiking, and travelling. My new hobby is doing yoga from a YouTube channel. I am looking forward to seeing you all at the Family Centre. Thank you very much for being friendly, kind, and patient with me.

### PROGRAM CHANGE

After a 6 week pilot project of the *Creative Movement Through Stories* program, it has now concluded.

Wednesday afternoons 1:30-3:00pm will be a drop in Early Learning session, similar to Friday mornings.

If there is interest from families for the *Creative Movement Through Stories* program to continue, it may be incorporated into the Wednesday drop-in time.



## Pancake Breakfast

Come and join us for a pancake breakfast



**UVic Family Centre**  
**Saturday November 19th**  
**9:00 - 10:30am**

A great opportunity to get to know some of your UVic family community and enjoy a delicious breakfast. There will also be a family craft activity.

If you have any questions please do not hesitate to give us a call: 250.472.4062

## SPECIAL AFTER SCHOOL CLUB!!

**Pizza, Pyjama, Popcorn, Movie Night!!!**



**Where: Family Centre**  
**When: Thursday November 17<sup>th</sup> 4pm-6:30**  
**Who: School Aged Children**  
**What to Bring: Pyjamas, Stuffy**

On Thursday November 17th wear your PJs and bring a stuffy to the Family Centre for movie night! All school-aged children are invited to the Family Centre to make pizza and watch a movie. This event starts at 4 and runs until 6:30. We ask that parents come to pick up their children.

## NOBODY'S PERFECT

[Attachment and Your Child's Feelings](#)

**Attachment** A child's ability to love, trust, feel, and learn starts with the deep emotional tie that he forms with the people who take care of him.

**Respond to your child's needs.** Your child needs you to be warm, loving, and dependable. Comfort your child when they are upset, frightened, or sick. Give plenty of hugs.

**Teach your child about feelings.** When your baby cries, it is best to respond to him/her. When your child is older, talk to them about feelings. Use words that name feelings such as happy, sad, nervous, and angry.

**Your child's attachment to you makes a difference.** A baby's attachment to their parents determines how their brain develops. When a baby or child feels safe, he or she is open to learning.

For more tips, search "Nobody's Perfect Tip sheets" on Canada.ca

From November 8th to December 13th, the UVic Family Centre will be hosting a ladies only Conversation Club. Each week will be a new topic where we can have fun, share and learn about each other. We will talk about holiday and religious traditions and finish the 6 weeks with a sharing of traditional sweets. Hope you can join us!



Unfortunately we are not able to offer childcare and so we ask that you leave your children at home (nursing infants are welcome). This program is free and open to all women.

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Genevieve has drawn a lot of attention through her work on her Masters and now her PhD, largely due to the fact that she has built a unique database that holds records of the signs she has found. She found 32 main signs that "appear across space and time", meaning the same signs have been used at completely different geographical locations, thousands of years apart. When asked what it was she specifically wanted to know about these signs, she replied "I want to know how these images can help us to better understand the human mind as well the invention of graphic communication."

Between the third and fourth year of her undergrad, Genevieve went on a field trip to a Roman excavation site in Jordan in the Middle East. "I really enjoyed it but it didn't feel old enough", she said, explaining how she happened upon her area of interest. When she returned, she signed up for a class in Paleolithic art (10,000-40,000 years old). An idea to do a term paper on the lesser studied signs that appear in cave art alongside the popular paintings of animals yielded little to no results. "When I started on this back in 2007, there wasn't even a definitive list of how many different shapes there was, nor was there a strong sense of whether these existed over space or time." Upon realizing that these signs were not thoroughly studied nor categorized, Genevieve's Masters Thesis was born.

"I like to aim high", says Genevieve of her plans and hopes to see the signs database grow. She hopes that other archaeologists will be inspired to focus on the signs found in rock art around the world and will add their findings to the database therefore creating a resource that reflects these signs globally.

If you are interested to read more about Genevieve and her findings, in May of this year, she released a book named *The First Signs: Unlocking the Mysteries of the World's Oldest Symbols*, which her publisher describes as "part travel journal, part popular science, part personal narrative."



# Programs and Events

## Family Learn and Share

On Monday mornings from **10:00am-12:00pm** the Family Centre hosts a drop-in program for families to interact and learn from one another. Each week there is a designated focus topic and facilitator.

**Nov 7th** - Jane Wismer, Public Health Nurse, will be available to provide immunizations, weigh and measure babies and answer your health related questions. Please note that if you would like immunizations these have to be arranged ahead of time so that Jane knows which vaccines to bring with her. You can contact Jane directly at 250.519.5104.

**Nov 14th** - Storytime with librarians from the Greater Victoria Public Library. If you are not already a member of the library this would be a great opportunity to sign up and find out about all the wonderful programs and resources they provide.

**Nov 21st** - Dental Hygiene. We will be joined by two dental hygienists from Camosun College. They will be available to discuss dental hygiene and fill you in on how you and your family can access affordable dental care through Camosun College. Come and get your free toothbrush!

**Nov 28th** - tba

## Early Learning Program:

Families are welcome to this drop-in program that runs on **Wednesday from 1:30pm-3:00pm and Friday mornings from 10:00am-12:00pm**. Learning through play is encouraged in an environment that promotes children's inherent love of learning and sense of wonder. Each morning session concludes with a storytime with songs/music as well as an opportunity for outdoor play.

## After School Club:

School Aged Kids (Grades 1-6) are invited to the Family Centre's After School Club on **Thursdays from 3:30 - 5:00 pm**. We will be doing a variety of activities each week. These might include outdoor games like soccer, tag, and croquet, as well as puzzles, projects, board games, talent shows and crafts. **Please make sure your kids are dressed for the outdoors.**

## Mom's Time Out!

Do you need a 'time-out'? The Family Centre is open on **Monday nights from 7-9pm**, for women to get together, have a cup of tea and chat. Feel free to come for half an hour or stay for the whole time. If you don't have children – don't let the name deceive you! You're welcome. (Note: Nursing infants welcome.)

## Book Club:

The Family Centre has a book club that meets on **the third Thursday of each month** to discuss a novel chosen by the group. If you enjoy reading and would like to get together with others please come along. To find out more join our Facebook group or send us an email at [familyhousingbookclub@gmail.com](mailto:familyhousingbookclub@gmail.com).

# Community Events



## **Goldstream Salmon Run Tours, Goldstream Provincial Park, Nov 5 – 23, weekly on Saturday and Sunday, 10-1:30pm**

Experience the annual Goldstream salmon run at its finest with transportation to and from the park and a chance to witness one of nature's phenomena with a local interpretive guide. Pick up and drop-off at the Victoria Visitor Centre at the Inner Harbour. Cost is \$35+tax.

## **First Chance Christmas Craft Show, Mary Winspear Centre, Sidney, Nov 5-6, 10am-5pm. \$4 weekend pass. Children under 12 free.**

Featuring handcrafted wonders from more than 80 local artists and artisans. This is your chance to start on your Christmas shopping.

<http://www.firstandlastchance.ca>

## **Christmas Craft Fair, Gordon Head Rec Centre, Nov 6, 10-4, free admission.**

Come and support artists and artisans in your local area.

## **Island Farms Santa's Light Parade, Nov 26<sup>th</sup>, 5:45pm, Government Street and after at Centennial Square.**

Begin your Christmas Season in Victoria with the magical Island Farms Santa's Light Parade! Floats and bands, entertainment and lots of fun for the entire family along Government Street! Afterwards at Centennial Square, Santa officially declares Christmas in Victoria open!

## **Remembrance Day: BC Statutory Holiday.**

Every year on November 11, Canadians pause in a silent moment of remembrance for the men and women who have served, and continue to serve our country during times of war, conflict and peace. We honour those who fought for Canada in the First World War

(1914-1918), the Second World War (1939-1945), and the Korean War (1950-1953), as well as those who have served since then. More than 2.3 million Canadians have served our country in this way, and more than 118,000 have died. They gave their lives and their futures so that we may live in peace.

